

Smith & Wollensky and the type 1 diabetes research charity JDRF have teamed up to raise awareness about living with type 1 diabetes. As part of this campaign, we have created this carbohydrate counted menu. People with type 1 diabetes must carb count to know how much insulin to take before eating.

* Smith & Wollensky will be donating 50 pence to JDRF for every Seared Chilli & Garlic Shrimp dish ordered.

Carbohydrate Counted Lunch Menu

STARTERS & SEAFOOD

Sea Bass Ceviche (0g)	8
Sirloin Carpaccio (0g)	8
Ham Hock Terrine (8.6g)	8
Burrata & Tomato Salad (0g)	12
Seared Chilli & Garlic Shrimp* (0g)	14
Hand-Dived Scottish Scallops with Garlic & Parsley Butter (0g)	19
Yellowfin Tuna Tartare (0g)	18
Jumbo Lump Crab Meat (0g)	18
Carlingford Oysters 1/2 Dozen / Dozen (0g)	18 / 34
Cold Poached Lobster Half / Whole (0g)	14 / 28

SALADS

Wollensky Salad (12.7g) <i>romaine, tomatoes, potato croutons, smoked bacon lardons, marinated mushrooms, dijon vinaigrette</i>	10
Iceberg Wedge (0g) <i>blue cheese, smoked bacon lardons, tomato</i>	12
Classic Caesar (12.7g)	12
Lobster Mango Salad <i>layered salad with chunks of lobster, spinach & rocket, avocado aioli, mango chutney, chipotle mayonnaise, onion, bacon & red pepper</i>	24
Waldorf Salad (not carbohydrate counted) <i>fresh apples, celery, grapes & walnuts, blue cheese</i>	10
Chicken & Avocado Salad (0g) <i>chicken supreme marinated in lemon & truffle oil with wilted heritage tomatoes & avocado</i>	13
Watermelon, Tomatoes & Feta Cheese (0g)	10

BURGERS & SANDWICHES

Wollensky's Butcher Burger <i>Smoked bacon, cheddar & french fries</i>	16
Lobster Roll <i>bacon, lettuce, tomato, avocado</i>	24
Signature Steak Sandwich <i>white cheddar, bacon jam, horseradish aioli, angry onions & french fries</i>	16
Club Sandwich <i>cajun spiced chicken, smoked bacon, egg & french fries</i>	14

MAIN COURSE

Maryland Chicken (not carbohydrate counted) <i>corn relish & french fries</i>	14
Pan-Roasted Scottish Salmon (0g) <i>sautéed spinach & hollandaise</i>	17
Herb Crusted Yellowfin Tuna Loin (0g) <i>French bean salad & roasted tomato vinaigrette</i>	26
Courgette Tartlet (not carbohydrate counted) <i>Romesco sauce</i>	14

SIDES

POTATOES	VEGETABLES
French Fries (52g)	5 Sautéed or Steamed Spinach (0g)
Cajun French Fries (52g)	5 Pan-Fried Mushrooms (0g)
Baked Potato (85g)	5 Mixed Vegetables (0g)
Whipped Potatoes (26.5g)	5

Dish of the Day

A daily changing main course, always available at a fixed price of £10. Designed to be at your table within 15 minutes. Perfect for those short on time.

Please ask your waiter for details of today's dish.

FILLET STEAKS

Premium Irish Fillet Mignon Charbroiled 225g (0g)	39
or:	
<i>Au poivre (0g)</i>	add 4
<i>Cajun (0g)</i>	add 4
<i>Gorgonzola crusted (0g)</i>	add 6
<i>Oscar – jumbo lump crabmeat, asparagus & hollandaise (0g)</i>	add 9

PREMIUM IRISH STEAKS

Rib-Eye 340g (0g)	39
Tomahawk 1kg (Perfect to Share) (0g)	82
<i>Hand Selected by John Stone Beef</i>	

Rare & Well Done

Hand-cut in our in-house butchery, our USDA Prime steaks are a rarity in the world of steakhouses; chosen from the top 2% and hand selected for rich even marbling. All our USDA Prime beef is enhanced through a careful dry-ageing process for 28 days, intensifying the flavour and tenderness.

USDA PRIME DRY-AGED STEAKS

Sirloin 320g (0g)	45
Kansas City Cut Bone-In Sirloin 595g (0g)	64
Bone-In Rib-Eye 680g (0g)	72

Enhancements & Sauces

<i>Preparations and complements for steaks</i>			
Peppercorn Sauce (0g)	2	Au poivre style (0g)	4
Béarnaise Sauce (0g)	2	<i>peppercorn crust & sauce</i>	
Hollandaise Sauce (0g)	2	Cajun (0g)	4
Cajun Oil (0g)	2	<i>dry-rub & cajun oil</i>	
Porcini Cream Sauce (0g)	3	Gorgonzola Crusted (0g)	6
Garlic Butter (0g)	2	<i>gratinated cheese, bacon & scallions</i>	
Lobster Tail (0g)	15	Oscar Style (0g)	9
Norwegian King Crab Leg (0g)	30	<i>crab meat, asparagus, hollandaise</i>	

CLASSICS	SIDE SALADS
5 Hashed Brown Potatoes (70g)	5 Watermelon, Tomatoes & Feta Cheese (0g)
5 Truffled Mac 'n' Cheese (41g)	5 Mixed Garden Salad (0g)
6 Creamed Spinach (0g)	5 Tomato & Sweet Onion (0g)
Duck Poutine (not carbohydrate counted)	5 Waldorf Salad (not carbohydrate counted)
Creamy Manchego Corn (0g)	6 Classic Caesar (6.35g)

Before placing your order, please inform your server if anyone in your party has a food allergy. Items may be cooked to order.

*NOTE: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. For information regarding allergens in our dishes please ask a member of staff. An optional 12.5 % Gratuity will be added to your bill. All steak weights are pre-cooked and approximate. All prices are inclusive of VAT at 20%.